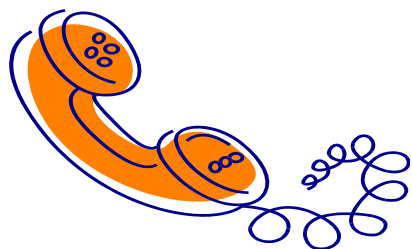


## GOVERNMENT AGENCIES

ACC (Claims)	0800 101 996
Births Deaths and Marriages	0800 225 252
Child Youth and Family	0508 FAMILY 0508 326 459
Department of Labour	0800 209 020
Earthquake Commission	0800326 243
Health and Disability Commissioner	0800 112 233
Housing New Zealand	0800 801 801
Internal Affairs (Passport)	0800 225 050
IRD Child Support	0800 221 221
IRD Personal Tax	0800 227 774
IRD Student Loan	0800 377 778
IRD Kiwisaver (Individual)	0800 549 472
IRD Kiwisaver ( Employer)	0800 377 772
Ministry of Education	04 463 8000
Ministry of Health (Disability)	0800 373 664
Ministry of Social Development	04 916 3300
National Poisons Centre	0800 764 766
NZ Transport Authority (Licenses)	0800 822 422
Study Link	0800 889 900
Work and Income NZ	0800 559 009



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**LIKE MINDS, LIKE MINE**  
Whakaitia te Whakawhiu i te Tangata

All numbers current as of March 2014

## National Helpline Numbers



## WELLBEING

AIDS Hotline	0800 802 437
Al Anon Family group	0508 425 266
Alcoholics Anonymous	0800 229675
Alcohol Hotline	0800 787797
Arthritis Foundation	0800 663 463
Breast Screen Aotearoa	0800 270 200
Cancer Society	04 494 7270
Depression Helpline Enable	0800 111 757 07 843 9170
GROW	09 846 2871
Healthline	0800 611 116
Lifeline	0800 543 354
Like Minds Like Mine	0800 102 107
Male Survivors of Sexual Abuse	0800 677 289
Narcotics Anonymous	0800 628 632
Outline Gay/lesbian	0800 6885463
Overeaters Anonymous	07 839 1599
Phobic Line	0800 122 694
Preventing Domestic Violence	0508 384 357
Problem Gambling Foundation	0800 654 655
Quitline (Smoking Cessation)	0800 778 778
PARS (Prisoners Aid)	07 839 3531
Rape Crisis (Auckland)	0800 472 496
Relationship Services	0800 RELATE
Samaritans	0800 726 666
Stroke Foundation	0800 787 653
Victim Support	0800 842 846
Womens Refuge	0800 REFUGE

## IMPORTANT NUMBERS

### FAMILY/WHANAU

And

### PARENT SUPPORT AGENCIES

Anger Change for Parents	09 476 6947
Autism New Zealand	0800 288 476
Barnados—Parents	0800 227 961
Birthright	0800 457 146
Child Helpline	0800 366 694
Family Planning Association	0800 466 863
Immunization Advisory Centre	0800 466 863
Kidslines	0800 543 754
Essentially Men	09 376 2386
Family Planning association	0800 372 546
Jigsaw (formerly CAPS)	0800 228 737
La Leche league of Mothers	0800 555 435
Man Alive	09 835 0509
No Bully	0800 662 855
Parent to Parent	0508 236 236
Parent Helpline	0800 568 856
Playcentre NZ	09 236 3591
Plunket NZ	0800 933 922
Post Natal Depression Support	09 4491011
Sudden Infant Death	0800 104 455
Tough Love Waikato	07 856 5999
Union of Fathers	07 9284323

## SERVICES FOR OLDER PEOPLE

Age Concern	07 838 2266
Grandparents Raising Grandchildren	0800 472 637
Grey Power	09 299 2113
Senior line for over 65s	0800 737 777
Senior Net	0800 736 467
Super Gold Card	0800 254 565
Veterans Affairs	0800 83 8372
Returned Services Association	04 384 7994



## OTHER ORGANISATIONS

Alcohol Advisory Council	0508 258 258
Budget Advisory Service	0508 383 438
Citizens Advice Bureau	0800 367 222
Carers Net (Advisory Service)	0800 222 733
Disability Information Centre	0800 693 342
National Advocacy Service	0800 112 233
Human Rights Commission	0800 496 877
National Poisons Centre	0800 764 766
National Travel Assistance	0800 281 222
Netsafe (internet safety)	0508 638 723
Pregnancy Counseling Services	0800 773 462